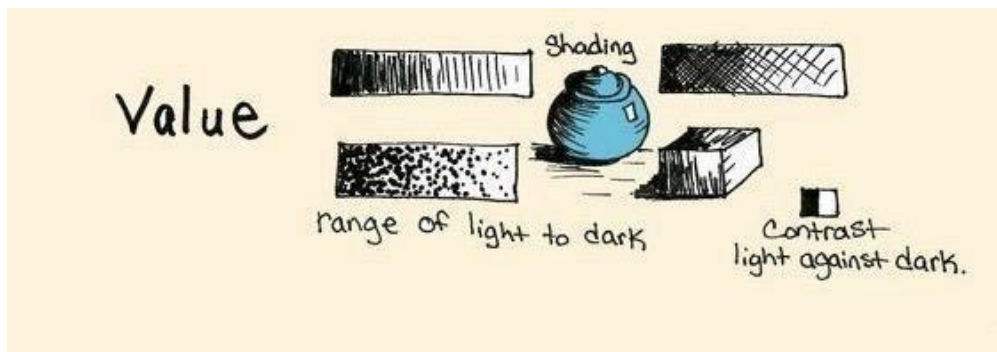


Don't think you have what you need to make art or have creative play at home? Here's a list of everyday items you can use from around the house to be creative and simple solutions to missing art supplies.

1. Drawing–You can use newspaper, junk mail, lined paper, cut up food boxes, such as cereal or macaroni boxes.
2. Writing utensils–If you only have ink pens at home, they can still be used in different ways to shade/color in a drawing. Here are some examples...

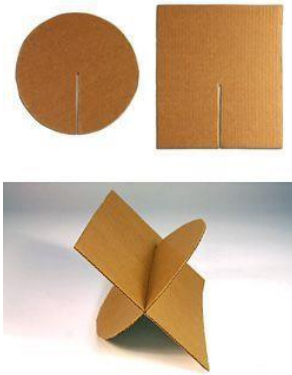


In the three triangles, you will find the three specific examples. The top left with straight lines is called hatching. The top right is called cross hatching, and the bottom one with the dots is called stippling. The idea is that the closer together, the darker the value and the further apart, the light the value.

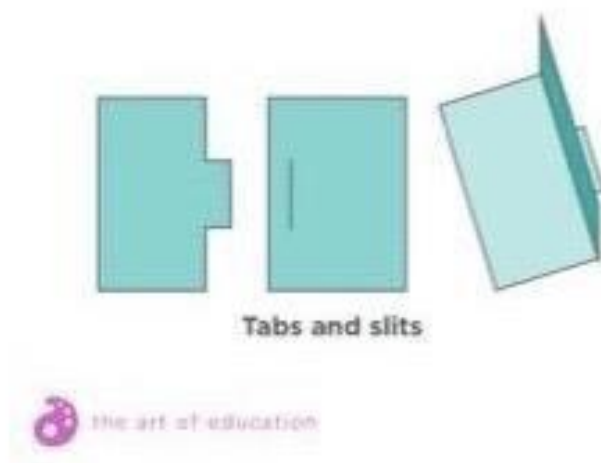
3. Cutting–Tearing with fingers is a great substitute for using scissors. It is also a great fine motor exercise!

4. Gluing-If you do not have glue, tape is an excellent substitution for connecting things. You can also use slits or a slit and tab method.

This would be an example of using slits...



Slit and Tab method example...



5. Building-Students could use boxes (cereal, delivery, macaroni, etc.), tin cans (but watch for sharp edges), empty plastic bottles, toilet paper and paper towel rolls, egg cartons, etc.

6. Paint-coffee or tea can be used for painting or ground up chalk. You can look up recipes using Kool-aid or food coloring, but both are known to stain.
7. Paint brushes-If you do not have paintbrushes, you can use cotton balls or qtips as substitutes.
8. Playdough-Here is a recipe that you could use to make your own from theimaginationtree.com...

BEST EVER NO-COOK PLAY DOUGH RECIPE You

need:

2 cups plain flour (all purpose)

2 tablespoons vegetable oil (baby oil and coconut oil work too)

1/2 cup salt

2 tablespoons cream of tartar

1 to 1.5 cups boiling water (adding in increments until it feels just right)

gel food coloring (optional)

few drops glycerine (my secret ingredient for stretch and shine!)

Method:

Mix the flour, salt, cream of tartar and oil in a large mixing bowl

Add food coloring TO the boiling water then into the dry ingredients

Stir continuously until it becomes a sticky, combined dough

Add the glycerine (optional)

Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone. *

This is the most important part of the process, so keep at it until it's the perfect consistency!*

If it remains a little sticky then add a touch more flour until just right

Voila!

We use these Wilton Gel colors as they are much more vibrant and take only a tiny amount to color the dough. We also use them in all our other sensory play activities to and they last forever!

You can store this play dough in an airtight container for at least 6 months. If you live in a humid climate you might need to store it in the fridge and out of sunlight.

*Parent/Guardians, These are all just suggestions and it is really whatever is in your comfort zone.